



A Journey  
from ASHES  
to EASTER

## AT-HOME RETREAT 2010

*(Preparation for Lent-Easter)*

Date:	Ten FRIDAYS from 19 February until 23 April
Time:	7:30pm - 9:30pm
Venue:	CANA The Catholic Center 55 Waterloo Street 2 <sup>Flr</sup>
Contribution:	\$120

*Based on the Spiritual Exercises of St. Ignatius of Loyola, the Home Retreat is a ten-week program, which enables one to know Jesus Christ more intimately in the midst of the daily routine of life. It includes a weekly meeting, invites one to daily prayer and spiritual direction.*

Registration required.

Contact the CENACLE SISTERS at  
6565-2895, 9722-3148, [cenaclesisters@yahoo.com.sg](mailto:cenaclesisters@yahoo.com.sg)

