



A Journey from ASHES to EASTER

AT-HOME RETREAT 2010

(Preparation for Lent-Easter)

Date:	Ten Wednesdays from 17 February until 21 April
Time:	7:30pm - 9:30pm
Venue:	Church of St. Francis of Assisi
Contribution:	\$100

Based on the Spiritual Exercises of St. Ignatius of Loyola, the Home Retreat is a ten-week program which enables one to know Jesus Christ more intimately in the midst of the daily routine of life. It includes a weekly meeting, invites one to daily prayer and spiritual direction.

Registration required.

Contact the CENACLE SISTERS at
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