

# WHAT IS THIS CONVERSION EXPERIENCE RETREAT ALL ABOUT? WHO SHOULD ATTEND? WHAT CAN I EXPECT TO TAKE AWAY FROM THE RETREAT?

This is a 4-day, stay-in programme designed to help individuals, especially Catholics, revive their faith through a deep personal encounter with God.

So why is it called a 'Conversion Experience' retreat?

Conversion Experience is the fundamental experience of being loved by God unconditionally in Christ Jesus.

**"This is what love is: it is not that we have loved God, but that He loved us and sent his Son to be the means by which our sins are forgiven."** (1Jn 4:10)

Many of us Christians think we do not need to be 'converted'; after all, we are already baptised. However, one cannot speak of a real conversion without having first encountered the love of God.

The Conversion Experience Retreat is thus designed to enable participants to experience first-hand, the immensity of the love of God the Father, following the contemplation of Christ's Passion and the Power of His resurrection.

**For it is only through an experience of God's love and mercy that we can learn to love ourselves in God and our neighbour** (cf 1Jn 4:7-16)

**I**N THE 4-DAY RETREAT, YOU WILL:

## **Learn about**

- The immeasurable Love of God
- The 7 Root Sins and how to be free of them
- Salvation in Christ's passion and resurrection
- The Power of the Word of God

## **Experience**

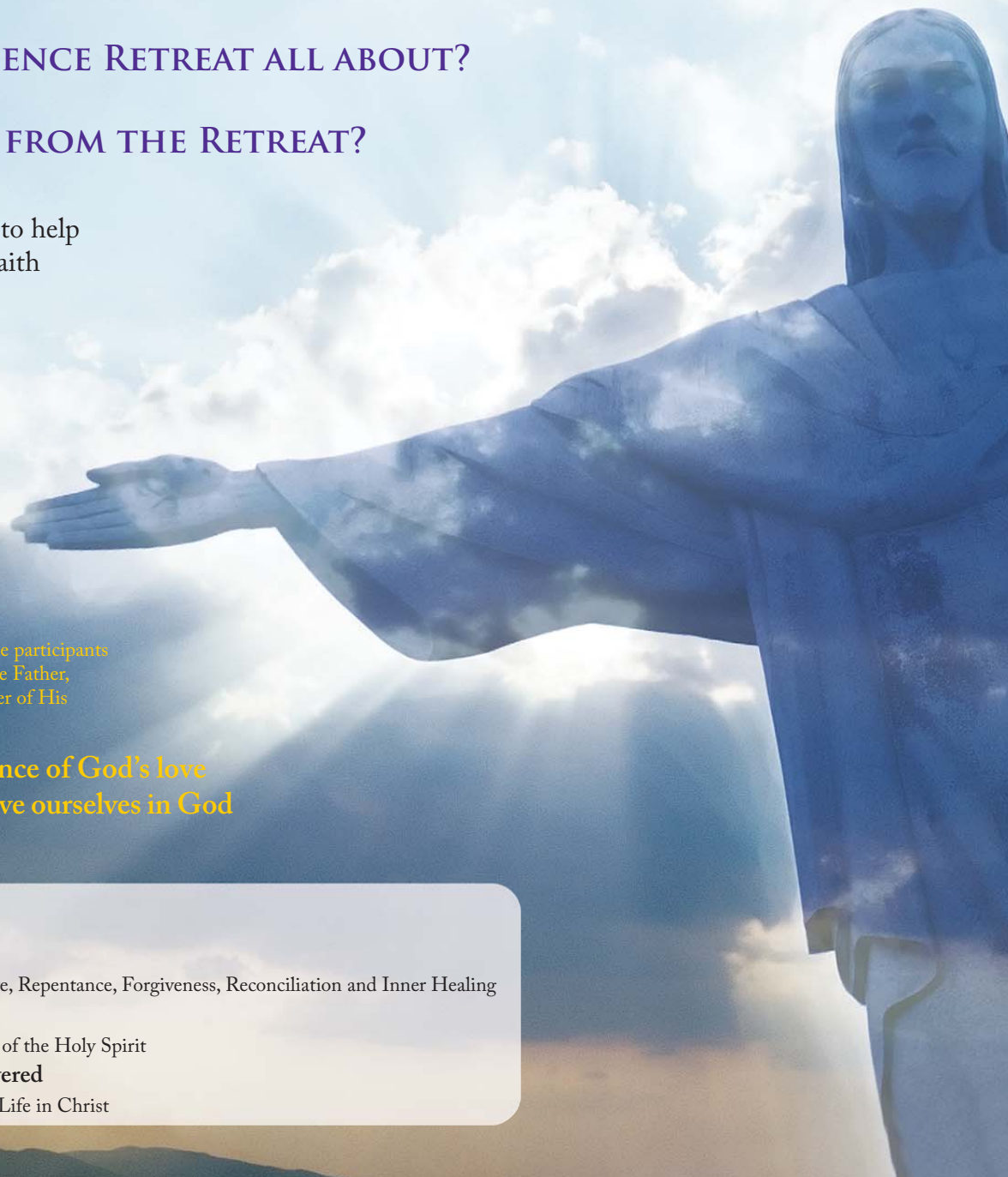
- God's Love, Repentance, Forgiveness, Reconciliation and Inner Healing

## **Receive**

- The Gifts of the Holy Spirit

## **Be Empowered**

- In a New Life in Christ



## HERE'S WHAT PAST RETREATANTS HAVE TO SAY ABOUT THEIR CONVERSION EXPERIENCE:

"It opened my eyes to understand that to look at all things in God's perspective will lead me to a life of fullness"

**Jean Soh** *Church of the Risen Christ*

"My faith grew even stronger, and He affirmed me in ways I never knew"

**Mary Woodman Jacob** *Church of St Mary of the Angels*

"I fell in love with God...knowing truly His love for the first time"

**Jane Quek** *Non-Catholic*

"It showed me an understanding of the Catholic faith that will be used as a foundation as I continue in my RCIA journey"

**Justin Paul** *Non-Catholic*

"Fr Goh's talks were uplifting... could hear our Lord speaking through him. Very touched by his message of Love - God's love for each of us"

**Sabina Soh** *Church of Immaculate Heart of Mary*

## WHO IS CONDUCTING THE RETREAT?

The retreat is conducted by Rev Fr William Goh, Spiritual Director of the Catholic Spirituality Centre and Rector of St Francis Xavier Major Seminary. Fr Goh is also a lecturer of Systematic Theology at the Seminary.

Fr Goh holds a Licentiate in Dogmatic Theology from the Pontifical Gregorian University, Rome.

## ABOUT THE CATHOLIC SPIRITUALITY CENTRE (CSC)

The CSC was established in September 2004 to promote an ongoing holistic Catholic spirituality for the Archdiocese of Singapore with a view towards conversion and evangelisation.

The Conversion Experience Retreat is a cornerstone programme in its conversion and evangelisation drive. This Retreat is conducted on a quarterly basis in March, June, September and December.

Other programmes seek to promote spiritual growth and formation of prayer life. These include:

- Friday Growth Sessions
- 4th Saturday Praise and Worship, Mass & Healing Services
- Intercessory Prayer and Perpetual Adoration
- Counselling
- Retreats & Seminars

For more information about the activities at CSC

Tel: 6288 7901 / 6858 2716

website: [www.catholic.org.sg/csctr](http://www.catholic.org.sg/csctr)

Email: [csctr@singnet.com.sg](mailto:csctr@singnet.com.sg)



CATHOLIC SPIRITUALITY CENTRE

Encountering God • Healing Hearts • Empowering Lives

1261 UPPER SERANGOON ROAD  
SINGAPORE 534796



GOD'S LOVE  
REPENTANCE

FORGIVENESS

RECONCILIATION

INNER HEALING

